

## Attachment In Psychotherapy David J Wallin

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### Attachment In Psychotherapy David J

David J. Wallin is a clinical psychologist in private practice in Albany, California. He has been practicing, teaching, and writing about psychotherapy for more than three decades. Dr. Wallin is coauthor (with Stephen Goldbart) of Mapping the Terrain of the Heart: Passion, Tenderness, and the Capacity to Love. ...

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developmental centrality of attachment relationships, preverbal experience, and the reflective function. And it distills their clinical yield in a model of psychotherapy that involves the transformation of the self through relation-ship. My aim here is to convey the orientation to emotional healing—the

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David's Wallin's book is an invaluable resource for both for therapists who are new to Attachment Theory as well as for those with a background in the theory who would like to deepen their knowledge. I use this book both when I teach Attachment as well as a resource for my ongoing clinical work with patients.

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Attachment in Psychotherapy. David J. Wallin. Guilford Press, Mar 6, 2007 - Psychology - 366 pages. 1 Review. This eloquent book translates attachment theory and research into an innovative...

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Overview. This eloquent book translates attachment theory and research into an innovative framework that grounds adult psychotherapy in the facts of childhood development. Advancing a model of treatment as transformation through relationship, the author integrates attachment theory with neuroscience, trauma studies, relational psychotherapy, and the psychology of mindfulness.

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David's Wallin's book is an invaluable resource for both for therapists who are new to Attachment Theory as well as for those with a background in the theory who would like to deepen their knowledge. I use this book both when I teach Attachment as well as a resource for my ongoing clinical work with patients.

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In this book, David J. Wallin translates attachment theory and research into an innovative framework that grounds adult psychotherapy in the facts of childhood development. Thoughtful, practical, and highly readable, the volume offers fresh insights on the therapist's role as well as clear-cut recommendations for practice.--Jacket. \span ...

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